

## Spine & Sport Physical Therapy Presents:

# E.P.I.C. Functional Capacity Evaluation / Work Conditioning

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Come join for an extensive course on  
E.P.I.C. Functional Capacity Evaluation/  
Work Conditioning

The course will include:

- 8:00-10:00: Lecture and discussion on EPIC FCE
- 10:00-10:15: Break
- 10:15-12:00: Demonstration of FCE frequent and occasional lifts
- 12:00-1:00: Lunch (provided)
- 1:00-2:00: Practical practice of FCE
- 2:00-3:45: Lecture and discussion on Work Conditioning Principals
- 3:45-4:00: Break
- 4:00-5:00: Exposure/Review of FCE written Report

**8 hours ( .8 CEU) Credit**

**Date:** September 20th, 2014

**Time:** 8:00AM– 5:00PM

**Price:** \$250 for non Spine and Sport  
(Includes certification)

Free for Spine & Sport  
Employees

(Includes Breakfast and lunch)

**Location:**

*Spine & Sport*

3760 Convoy St. Suite 100  
San Diego, CA 92111

**Course Description:** FCE lecture and practical work conditioning guidelines, authorization, evaluation, objective measurements and practical application. Not for the faint hearted! Must read FCE/ELC and work conditioning manual prior to attending course.

**Goals and objectives:** This course intends for comprehension and utilization of the FCE by health care providers (P.T, O.T, D.C). The intent is for the participants to have full understanding of work conditioning (medical necessity, functional objective measurements, goal orientated program, treatment plan, frequency and duration).



## SPINE & SPORT

*"An Active Approach to Spinal & Extremity Injuries"*



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